# **PATIENT** INFORMATION

CT SCAN

A CT scan is a medical imaging procedure that uses X-rays and computer technology to create detailed cross-sectional images of the body.

### Purpose of the CT Scan:

- Diagnostic Imaging: diagnose and monitor various medical conditions, including injuries, infections, tumors, and vascular diseases.
- Treatment Planning: The detailed images help in planning and guiding certain medical procedures like biopsy and drainages

## **Patient Preparation:**

 Fasting (if contrast is used): Depending on the type of CT scan, you may be asked to fast for a specific period before the procedure.

Imperial Radiology Clinic is Tricitys' leading independent diagnostic and interventional

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Imperial Imaging Centre

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radiology clinic

- Clothing: Wear loose, comfortable clothing and remove any metal objects or jewellery.
- team of any allergies, existing medical Medical History: Inform the conditions, or previous adverse reactions to contrast agents.

## Contrast Material (if applicable):

- Purpose: Contrast is used to enhance visibility of certain areas of the body.
- Allergies: Notify us if any allergies, particularly to iodine.
- Renal Function: Inform us if you have any kidney issues, contrast material may impact renal function.

#### **During the CT Scan:**

- Positioning: You will be positioned on a motorized table that moves through the CT scanner. It's important to stay still during the procedure.
- Breathing Instructions: Follow the technologist's instructions for breathholding or specific breathing patterns.

#### After the CT Scan:

- Resumption of Activities: You can resume normal activities immediately.
- Hydration: Drink plenty of fluids to help eliminate contrast from the body

#### **Results:**

• Consultation: Your healthcare provider will discuss the results with you.

#### **Risks and Considerations:**

- Radiation Exposure: CT scans involve X-rays, and while the radiation exposure is minimal, inform us if you are pregnant or may be pregnant.
- Contrast Material Risks: Allergic reactions to contrast material are rare but possible. Report any unusual symptoms promptly.
- · Please bring any prior scans (like X-rays, ultrasounds, MRI or CT) and reports as these will help us better assess your condition.
- For any queries call us at 0172-3104-627; 0172-3104-634, We are only too happy to help.

We make every effort to keep your appointment time, however any complex cases, elderly & frail patients can cause unexpected delays.

Your consideration and patience in these circumstances is appreciated.



